

Curriculum Vitae

Lucy Grace Massey

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Personal statement

I am an organised individual who is determined and responsible. I am motivated and thrive in challenging environments. My participation and successful completion of the 10 Torrs event has demonstrated my tenacity, leadership and team working skills.

I have a keen interest in sports such as scuba diving, sailing and netball.

Education

2018-2023 Clyst Vale Community College

Qualifications

- English Literature GCSE: Grade 8 (A*)
- English Language GCSE: Grade 8 (A*)
- Maths GCSE: Grade 6 (B)
- Double Award Science GCSE: Grades 6,6 (B,B)
- Food Preparation and Nutrition GCSE: Grade 8 (A*)
- History GCSE: Grade 6 (B)
- Physical Education GCSE: Grade 6 (B)
- Religious Studies GCSE: Grade 7 (A)

Key Skills

Flexibility	Demonstrated through various sporting events where I have shown a willingness to change positions with little or no notice.
Communication	Used during competitive sporting events
Leadership	Ongoing sports captain at school
Teamwork	Worked as a team when volunteering at Broadclyst food bank and whilst undertaking the Ten Tors event
Organisation	Completing homework to a high standard within the time given

Work Experience

At numerous events through 2022 and 2023, I have run a stall making and selling waffles. This has involved taking customer orders, making the product and handling cash.

I volunteered between November 2020 and August 2021 at the Broadclyst Food Bank. This unpaid work involved working as a part of a small team. The role involved selecting appropriate food and creating bags for many families within the Broadclyst Area.

I completed my work experience week in July of 2022 at Broadclyst Community Primary School where I was able to work with children of different age groups. This involved helping to teach them, supervising them, playing with them outdoors and helping the teachers to prepare equipment needed for lessons.

Achievements

During the Summer of 2023, I spent 4 weeks living and working in Cambodia. During the time I spent living within several villages, I helped on several safe drinking water projects, including the construction of two wells. Within a number of schools I helped with the teaching of English. I also helped build a number of village buildings.

I have been sports captain throughout my entire time at Clyst Vale. This involves attending various meetings and planning sports teams in your tutor.

During August 2020, I trained and qualified as a PADI Open Water Scuba Diver at the TDC training center in South Devon. I am now qualified to dive to 18m under water with another scuba diver with the same qualification. As well as the practical training and experience gained, the qualification also involves a significant level of theory which has to be understood, allowing me to undertake dives safely. I am now part way through my advanced scuba qualification.

During 2018 I qualified as a RYA Stage 4 dinghy sailor. This qualification allows me to sail on coastal waters either by myself or with others, and without direct supervision.

Another achievement of mine is completing the 2-day Duke of Edinburgh walk in the summer of 2021. We worked efficiently as a team as we all supported and encouraged each other throughout which helped, leading to an amazing experience.

Furthermore, my team and I completed the Ten Tors Challenge (35 miles) during May 2022 and participated in the training. This demonstrates hard work, determination, and teamwork.

Hobbies and Interests

I regularly sail both dinghies and yachts, and have taken part in a number of races. I enjoy Scuba diving, and particularly enjoyed a chance to dive with seals during August 2021 and Cambodia in 2023. My other interests include Netball (I play for the Clyst Vale Year 11 Team), reading (a wide range of genres) and travel.

Referees:

Angie Hurren MBE. Clerk to Broadclyst Parish Council.

clerk@broadclyst.org

Sara Watt. Tutor at Clyst Vale- CC

watts@clystvale.org